

National Resource
Center for Hispanic
Mental Health

1st Biennial National Latino Mental Health Conference:
“Fortificando Nuestras Competencias Culturales”

November 8-10, 2009

**Wyndham Airport and Executive Meeting Center
Miami, Florida**

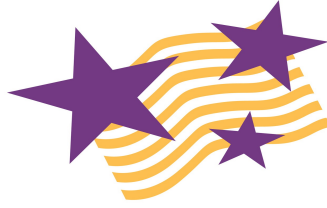
***PRELIMINARY
CONFERENCE REGISTRATION PROGRAM***

Conference Presented by

National Resource Center for Hispanic Mental Health

Co-Provider

University of Medicine and Dentistry of New Jersey –
University Behavioral HealthCare



National Resource
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1st Biennial National Latino Mental Health Conference:
“Fortificando Nuestras Competencias Culturales”

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Conference Goal

To enhance knowledge among conference participants on how to best attract, engage, retain and serve Hispanics in need of behavioral health services in a manner that meets their cultural needs and preferences.

Conference Objectives

At the end of this conference, participants will be able to:

1. Report increased knowledge of barriers facing Hispanics with accessing and receiving quality and culturally and linguistically mental health services.
2. Report increased knowledge of how to implement culturally and linguistically competent practices to better meet the cultural and linguistic needs and preferences of Hispanics in need of behavioral health services.
3. Identify best and promising practices in working with Latinos diagnosed with various mental health diagnoses.

Target Audience

This conference will benefit direct service behavioral health professionals and others in administrative, policy, and planning behavioral health professionals such as social workers, psychologists, nurses, psychiatrist and counselors.

PRELIMINARY CONFERENCE AGENDA

Sunday, November 8, 2009

- 2:30 PM – 5:30 PM: Pre-Conference Registration
- 3:00 PM – 5:00 PM: NRCHMH Strategic Planning Retreat
Closed Meeting – By Invitation Only
- 6:00 PM – 8:00 PM: Special Welcoming Reception

Monday, November 9, 2009

- 7:00 AM - 9:00 AM: Registration and Breakfast
- 9:00 AM – 9:10 AM: Welcoming Remarks
Henry Acosta, MA, MSW, LSW
Executive Director
National Resource Center for Hispanic Mental Health
William Sette, MSW, LCSW
President, Board of Trustees
National Resource Center for Hispanic Mental Health
- 9:10 AM – 9:15 AM: Introduction of Key Note Speaker
Henry Acosta, MA, MSW, LSW
- 9:15 AM – 10:05 AM: Key Note Presentation
From Cultural Competence to Effective Treatment
William A. Vega, Ph.D.
Professor of Medicine, David Geffen School of Medicine
University of California – Los Angeles
- 10:05 AM – 10:15 AM: Brief Overview of Conference Location Logistics
Henry Acosta, MA, MSW, LSW
- 10:15 AM - 10:30 AM: AM Break
- 10:30 AM – 12:15PM: AM Sessions – 12 Sessions in Total –
*** Same sessions offered in the afternoon*

Listing of Monday, November 9, 2009 Sessions:

1. Cultural Issues in Latinos Experience with Depression

Igda Martinez, Psy.D.

Post Doctoral Research Fellow
Institute for Health, Health Care Policy and Aging Research
Rutgers, The State University of New Jersey

2. Enhancing Agency Cultural Competence – Part I in AM and Part II in PM
(*Two Part Training Session – Must Attend Part I and Part II*)

Peter J. Guarnaccia, Ph.D.

Investigator, Institute for Health, Health Care Policy and Aging Research
Rutgers, The State University of New Jersey

3. Formentando la Esperanza, Creando Oportunidades: Psychiatric Rehabilitation Interventions for Latinos with Psychiatric Disabilities

Maria Restrepo-Diaz, MS, CPRP

Senior Training Associate and Director, Latino Initiatives
Boston University, Center for Psychiatric Rehabilitation

Laura Diaz, MS

Training Associate

4. Integrating Behavioral Health Services for Latinos in Primary Care Settings

Melanie Perez, Ph.D.

Instructor in Clinical Psychology/Research Scientist
New York Psychiatric Institute/Columbia University

5. Crisis Intervention with Latinos

Martha Alamo, RN

Westchester Healthcare Network

6. La Voz Clara – Special Challenges and Tools in Developing Client Identity and Peer-Organizations in Diverse Latino Communities

Eduardo Vega, MA

Chief, Division of Empowerment and Advocacy
Los Angeles County Department of Mental Health, and
Commissioner, California Mental Health Services Oversight and Accountability
Commission

7. Using *Minds on the Edge* to Ignite a Conversation about Mental Illness in the Hispanic Community

Colby Kelly
Director, Strategic Communications
Fred Friendly Seminars

Judge Steve Leifman
Associate Administrative Judge
Miami Dade County Court

8. Traditional Medicine/Los Temazcales – “Mother of All Medicines”

Steve Delgadillo, Ph.D.
President and CEO
International Healthcare Professionals, Inc.

9. Behavioral Health Promoters: Community Outreach and Education Model

Irma Martinez, MA
Los Angeles County Department of Mental Health, Empowerment and Advocacy
Division, Office of Community Empowerment

10. The Immigrant’s Odyssey

Priska Imberti, LCSW
Founder and Clinical Director
CRECER, Inc.

11. National Steering Committee for *Movilizandonos por Nuestro Futuro: Strategic Development of a Mental Health Workforce for Latinos*

Closed Meeting – By Invitation Only

12:15 PM – 1:45 PM: Lunch

1:45 PM – 2:45 PM: Plenary Presentation ---

Evaluating Health Care Interventions to Reduce Depression
Disparities in Latino Populations

Jenny Chong, Ph.D.
Associate Professor of Psychiatry
University of Arizona

Michael Ong, M.D., Ph.D.
Assistant Professor of Medicine
University of California-Los Angeles

Diane L. Giarrusso, LICSW
Behavioral Health Quality Project Specialist
Neighborhood Health Plan of Rhode Island

2:45 PM – 3:00 PM: PM Break

3:00 PM – 5:00 PM: PM Sessions - *SAME SESSIONS AS AM PROGRAM*

6:00 PM – 11:00 PM: *Special Night Out on the Town ...*
Venetian Lady Yacht Cruise
(Optional Trip - \$125 per person cost)
<http://www.biscaynelady.com/browse-our-fleet/venetian-lady/>

Tuesday, November 10, 2009

7:30 AM - 9:00 AM: Breakfast

9:00 AM – 9:15 AM: Welcoming Remarks and Introduction of Key Note Speaker:

Henry Acosta, MA, MSW, LSW
Executive Director, NRCHMH

9:15 AM – 10:00 AM: Key Note Presentation

Gloria Bonilla Santiago, Ph.D.
Founder, LEAP (Leadership, Education, and Partnership)
Academy University Charter School, Camden, NJ;
Board of Governors Distinguished Service Professor,
Department of Public Policy & Administration, and
Director of the Center for Strategic Urban Community
Leadership, Rutgers, The State University of New Jersey

10:00 AM – 10:15 AM: AM Break

10:15 – 12:00 PM: AM Sessions – 12 Sessions in Total –
*** Same sessions offered in the afternoon*

Listing of Tuesday, November 10, 2009 Sessions:

1. The Value of Studying Cultural Syndromes in Latino Mental Health

Peter J. Guarnaccia, Ph.D.
Investigator
Institute for Health, Health Care Policy and Aging Research
Rutgers, The State University of New Jersey

2. Creating Culturally-Informed Services for Latinas/os with Co-Occurring Disorders in a Community Mental Health Setting

Manuel Paris, Psy.D.

Associate Professor of Psychology (in Psychiatry)
Yale University School of Medicine, Department of Psychiatry;
Deputy Director of Hispanic Services,
Connecticut Mental Health Center and the Community Services Network

Michelle Silva, Psy.D.

Associate Research Scientist
Yale University School of Medicine, Department of Psychiatry;
Associate Director,
Connecticut Latino Behavioral Health System

3. Mental Health Interpreter Training

Guilerrmo Brito, Ph.D.

Executive Director
National Latino Behavioral Health Association

Lidia Gamulin, LCSW

Mental Health Interpreter Trainer
National Latino Behavioral Health Association

4. Working with Latino Clients and Families

Milton Fuentes, Psy.D.

President-Elect
National Latina/o Psychological Association;
Associate Professor of Psychology, Psychology Department
Montclair State University

5. Psychopharmacology Treatment for the Latino Patient

Theresa Miskimen, M.D.

Vice-President for Medical Services, University of Medicine and Dentistry of New Jersey (UMDNJ) - University Behavioral Health Care (UBHC);
Associate Professor, Department of Psychiatry, Robert Wood Johnson Medical School, UMDNJ; Treasurer, American Society of Hispanic Psychiatry;
President, New Jersey Psychiatric Association

6. Working with Sexually Abused Latino Children

Evelyn Melo, LMHC

President
Melo Counseling Services

7. Effective Community Outreach and Culturally Appropriate Services with Latino

Roena Vega

8. In Living Color: Depression Treatment for Latinos

Maria Jose Carrasco, MPA
Director
Multicultural Action Center
NAMI National

9. Community Models of Interventions for Mental Health and Substance Abuse in Puerto Rico's Homeless Population

Francisco J. Rodriguez-Fraticelli
Community Planner/Executive Director
Coalición de Coaliciones por Personas sin Hogar de Puerto Rico, Inc.

10. Session to be conducted by staff from the LEAP Academy, Camden, NJ – *Title and presenter to be announced*

11. National Public Policy Academy Advocacy Training Session

Closed Meeting – By Invitation Only

12:00 PM – 1:35 PM: Lunch

1:30 PM – 2:30 PM: Plenary Presentation --- *To be announced*

2:30 PM – 2:45 PM: PM Break

2:45 PM – 4:30 PM: PM Sessions - *SAME SESSIONS AS AM PROGRAM*

4:45 PM – 5:00 PM: Evaluations and Closing Remarks

Henry Acosta, MA, MSW, LSW

Notes: Sessions and presenters subject to change.

CONFERENCE LOGISTICS

Regular Registration Conference Fees:

- * Local Participants and/or those not requiring overnight accommodations: \$275

*Fee includes conference registration, full American breakfast and lunch on November 9 & 10, free internet in lobby, an array of free snacks and beverages during the conference, and free hotel parking.

- * Out of state participants and/or those requiring overnight accommodations: \$550

*Fee includes two-night accommodations at the conference venue hotel (Wyndham Miami Airport Hotel and Executive Meeting Center), conference registration fee, welcoming reception on the evening of November 8th, full American breakfast and lunch on November 9 & 10, free shuttle service to/from Miami Airport and hotel, an array of free snacks and beverages during conference from 7 a.m.- 5 p.m. on November 9 & 10, free internet service in lobby and in individual guest room, free use of fitness center, and free hotel parking for those wishing to rent a vehicle. Please see section below concerning Shuttle Service to/from Miami International Airport and the Wyndham Miami Airport Hotel and Executive Meeting Center.

Student/Mental Health Consumer Registration Fees:

- * Local Participants and/or those not requiring overnight accommodations: \$200

*Fee includes conference registration, full American breakfast and lunch on November 9 & 10, free internet in lobby, an array of free snacks and beverages during the conference, and free hotel parking.

- * Out of state participants and/or those requiring overnight accommodations: \$475

*Fee includes two-night accommodations at the conference venue hotel (Wyndham Miami Airport Hotel and Executive Meeting Center), conference registration fee, welcoming reception on the evening of November 8th, full American breakfast and lunch on November 9 & 10, free shuttle service to/from Miami Airport and hotel, an array of free snacks and beverages during conference from 7 a.m.- 5 p.m. on November 9 & 10, free internet service in lobby and in individual guest room, free use of fitness center, and free hotel parking for those wishing to rent a vehicle. Please see section below concerning Shuttle Service to/from Miami International Airport and the Wyndham Miami Airport Hotel and Executive Meeting Center.

STUDENTS: Please fax copy of your valid student ID to Henry Acosta at 609-838-5480 in order to secure one of the above noted discounted rates

Optional Additional Fees:

Additional Overnight Accommodations: Please note that a special rate of \$99 plus taxes per night has been negotiated with the Wyndham Miami Airport Hotel and Executive Meeting Center for those wishing to arrive up to three (3) days before or to stay up to three (3) days after the conference. The NRCHMH is available to coordinate any extra nights for those wishing to take advantage of this great offer. For those interested in taking advantage of this offer, please visit the conference registration site at www.nrchmh.org and click on the link for *National Conference Registration* and then *Additional Nights*.

Special Night Out on the Town ... Venetian Lady Yacht Cruise -\$125 per person cost:
Evening cruise aboard the brand new 130-foot luxury yacht Venetian Lady around Biscayne Bay, Miami – Trip includes 3-hour chartered luxury yacht cruise, welcoming aboard glass of champagne, dinner buffet, DJ entertainment and dancing, and transportation to and from the conference venue in an air conditioned chartered bus.
<http://www.biscaynelady.com/browse-our-fleet/venetian-lady/>

Registration

This conference is open to the first 500 registrants. All conference registration will be via online registration at www.nrchmh.org. The National Resource Center for Hispanic Mental Health accepts Visa and Mastercard as forms on payment electronically. Payment by check or money order are also accepted – payments via these forms should be made payable to the National Resource Center for Hispanic Mental Health and mailed to:

National Resource Center for Hispanic Mental Health
c/o Henry Acosta
3575 Quakerbridge road, Suite 102
Mercerville, NJ 08619

Please note that registrations identified as “To be paid via check or money order” must be paid in full by Friday, October 23, 2009. Onsite registration will be available if space permits, and only Visa or Mastercard payments will be accepted onsite if applicable..

Air Travel to Conference:

There are a number of large and small commercial airline carriers that serve Miami International Airport, which is minutes from the conference venue. The National Resource Center for Hispanic Mental Health and the Wyndham Airport Hotel and Executive Meeting Center are pleased to be able to offer conference attendees a special 20% DISCOUNT on AIR TRAN Airlines for travel to/from the conference. Those interested in traveling on Air Tran may call 1-800-247-8726 and reference discount code WMAHEMC09.

Participants may also elect to fly into Fort Lauderdale Airport which is approximately 25 miles north of the Wyndham Airport Hotel and Executive Meeting Center. Please note, however, that there is no free shuttle service to/from the conference venue and Fort Lauderdale Airport.

Shuttle to/from Miami International Airport and Wyndham Airport Hotel and Executive Meeting Center:

Please note that the Wyndham Airport Hotel and Executive Meeting Center offers free shuttle service to and from Miami International Airport and the hotel. The shuttle service can be easily found after securing your luggage by exiting the baggage claim area and following the signs for Hotel Shuttle Buses. The Wyndham Airport Hotel and Executive Meeting Center shuttle passes frequently and makes stops at all airport terminals.

Hotel Parking:

For those coming to the conference via personal or rental car transportation, please note that parking is included in all registration fees.

Cancellation Policy:

If you cannot attend the program please call Henry Acosta at 609-838-5488, ext. 205 by Friday, October 23, 2009 in order to avoid forfeiture of conference registration fee. No refunds will be issued after October 23, 2009.

Special Needs:

If you have a special physical or dietary requirement and wish to discuss provisions, please contact Robin Crist at 609-838-5488, ext. 218.

Additional Information:

The average weather in Miami in November fluctuates between the lows 60's and low 80's. Participants may wish to bring a sweater or jacket to accommodate for conference room and outdoor temperature variations.

For further information and/or grievances:

Please contact Henry Acosta at 609-838-5488, ext. 205 or via e-mail at hacosta@nrchmh.org

CEU'S

***CEU's for social workers, psychologists, nurses and counselors
are currently being sought.***

***This section will be completed upon approval by
CEU provider.***

Conference Planning Committee Members

Henry Acosta, MA, MSW, LSW – Executive Director, National Resource Center for Hispanic Mental Health

Lynda Ayala, LMSW, National Association of Puerto Rican and Hispanic Social Workers

Guillermo Brito, Ph.D. – Executive Director, National Latino Behavioral Health Association

Maria Jose Carrasco, MPA – Director, Multicultural Action Center, NAMI National

Edward A. Delgado-Romero, Ph.D. – President, National Latina/o Psychological Association; Associate Professor, Department of Counseling and Human Development Services, University of Georgia

Peter J. Guarnaccia, Ph.D. – Investigator, Institute for Health, Health Care Policy and Aging Research, Rutgers, The State University of New Jersey

Igda Martinez, Psy.D. - Post-Doctoral Research Fellow, Institute for Health, Health Care Policy and Aging Research, Rutgers, The State University of New Jersey

Evelyn Melo, LMHC – President, Melo Counseling Services

Kathleen Melo, MHL, CHC, Compliance Officer, Administration, Westchester Healthcare Network, Florida

Theresa Miskimen, M.D., Vice-President for Medical Services, University of Medicine and Dentistry of New Jersey (UMDNJ) - University Behavioral Health Care (UBHC); Associate Professor, Department of Psychiatry, Robert Wood Johnson Medical School, UMDNJ; Treasurer, American Society of Hispanic Psychiatry; President, New Jersey Psychiatric Association

Ambrose Rodriguez, MPA – Founder and President, Latino Behavioral Health Institute

Conference Co-Sponsors

Latino Behavioral Health Institute

National Association of Puerto Rican and Hispanic Social Workers

National Latino Behavioral Health Association

National Latina/o Psychological Association

NAMI National

Westchester Healthcare Network

Conference Funders

AstraZeneca

Janssen, a division of Ortho-McNeil-Janssen Pharmaceuticals

Otsuka America Pharmaceutical, Inc.

Sponsor of Public Policy Advocacy Training Session/Activities

Wyeth Pharmaceuticals

Sponsor of Steering Committee for *Movilizandonos por Nuestro Futuro: Strategic Development of a Mental Health Workforce for Latinos Activities*

Office of Minority Health, United States Department of Health and Human Services